

Here is whats happening at Felicity House in February



## February Calendar of Events

February 2016						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>	<b>2</b> Open Hours 3pm - 6pm New Member: Embroidery 6pm - 8pm	<b>3</b>	<b>4</b> Community: If I Stay Discussion Group 6pm - 8pm	<b>5</b> Social lunch 1pm - 2pm Open Hours 1pm - 5pm	<b>6</b>
<b>7</b>	<b>8</b>	<b>9</b> Open Hours 3pm - 7pm Social Dinner 6pm - 7pm	<b>10</b>	<b>11</b> Open Hours 3pm - 6pm Community: Gayle Forman 6pm - 8pm	<b>12</b>	<b>13</b>
<b>14</b>	<b>15</b> Presidents' Day Felicity House Closed	<b>16</b>	<b>17</b>	<b>18</b> LOTS: Sushi Basics 6pm - 8pm	<b>19</b> Social lunch 1pm - 2pm Open Hours 1pm - 5pm	<b>20</b>
<b>21</b>	<b>22</b> Lecture: Jad Abumrad & Robert Kralwicz 3:30pm-5pm	<b>23</b> Open Hours 3pm - 6pm Town Hall 6pm - 7pm	<b>24</b>	<b>25</b> Workshop: Creative Writing 6pm - 8pm	<b>26</b>	<b>27</b>
<b>28</b>	<b>29</b>					

[Visit our Website](#)

### Event Descriptions

Please note that RSVP is required to all events listed below at least one business day prior to each event. RSVP by emailing your staff contact.

**Open Hours / Tuesdays, Feb 2 & Feb 23 and Thursdays, Feb 11, 3pm - 6pm. Tuesday, Feb 9, 3pm - 7pm and Fridays, Feb 5 & Feb 19, 1pm - 5pm.**

Open Hours are opportunities to use the lounge, quiet lounge, art studio, and other public spaces in Felicity House to socialize or work on personal projects. Guest artist, Rebeca Raney, and Gotham Writers will join us during this month's open hours to work with participants on special art and writing projects (see art project of the month and Girls Night Out pen pal project below for more details).

**Workshop: New Member Embroidery / Thursday, Feb 2, 6pm - 8pm**

All new members that have joined Felicity House within the last year are invited to this workshop. Embroidery is a special kind of hand sewing. Using a beautiful array of colored embroidery floss and sewing needles, we will learn and practice three stitches: running stitch, back stitch, and chain stitch. Are you worried that embroidery will be frustrating if it doesn't come out precisely and perfectly? Good News! Embroidery can be messy and loose and we will explore both abstract as well as more typical designs on fabric. Embroidery can be used to embellish almost anything from a favorite jean jacket to a doll's face.

**Community: *If I Stay* Discussion Group / Thursday, Feb 4, 6pm - 8pm**

*If I Stay* is a story about young love, family, friends, passion and sacrifice written by best-selling author, Gayle Forman. Via the protagonist, Mia Hall's thoughts and flashbacks, Gayle expertly explores the teenager's life, her passion for classical music and her strong relationships with her family, friends and boyfriend, Adam. Whether you read the book, saw the movie or just enjoy a good conversation about literature, join us for a discussion on this coming of age story.

**Social / Fridays, Feb 5 & 19, 1 - 2pm and Tuesday, Feb 9, 6pm- 7pm**

Socials are informal opportunities for meeting and socializing in a group while enjoying a meal. Participants should expect to engage in conversation and contribute to a discussion. Enjoy pizza on us or bring your own meal.

**Community: Gayle Forman, Author Talk / Thursday, Feb 11, 6pm - 8pm**

Gayle Forman is an award-winning, *New York Times* best-selling author. Her long list of books include *Just One Day*, *Just One Year*, *Where She Went* and *If I Stay*. You may have already seen the feature film adaptation of *If I Stay* during our movie night in early January. Join us for a presentation and Q&A with the author as she discusses her career and shares her personal experiences as a writer.

**Workshop: LOTS Sushi Basics / Thursday, Feb 18, 6pm - 8pm**

This workshop is only open to members of LOTS Connection. A new member Sushi Basics workshop will be offered in March. You love to eat it - now learn more about it and make it yourself! In this Sushi Basics workshop, guest chef, Abby Hitchcock, will discuss the culture of sushi and its unique presentation. You will also learn all the techniques of making sushi from the proper equipment, to what the appropriate ingredients are and where to buy them.

**Lecture: Jad Abumrad & Robert Krulwich / Monday, Feb 22, 3:30pm - 5:30pm**

Jad Abumrad and Robert Krulwich are co-hosts of the Peabody Award-winning radio show and podcast [Radiolab](#). The hugely successful NPR series won the National Academies Communication Award for its "imaginative use of radio to make science accessible to broad audiences." Krulwich also serves as a science correspondent for NPR and has worked as a television journalist for ABC and CBS. As the Radiolab's founding producer, Abumrad received the MacArthur grant in 2011. Participants will meet at Felicity House promptly at 3:30pm and walk together to the lecture hall located a block away.

**Community: Town Hall / Tuesday, Feb 23, 6pm - 7pm**

Town Hall is a leadership meeting that is crucial to Felicity House. All Felicity House participants are invited to join to listen or bring up ideas and share feedback on current programs and events. Comments

can be shared during the meeting verbally or by writing them down in our suggestion box. Either way - we want to hear what you have to say! Your feedback is important to us as it helps structure future programs, events and services.

**Workshop: Creative Writing, Thursday, Feb 25, 6pm - 8pm**

Since 1993 Gotham Writers Workshop have been a creative force in New York City offering high quality classes where writers can develop their craft and come together in the spirit of discovery and fellowship. Join writer, Melissa Petro, from the Gotham Writers in a creative writing workshop that will explore the topic of women with autism.



## Girls Night Out

### Girls Night Out Pen Pal Project

We are excited to share that Felicity House partnered with Girls Night Out (GNO) in Kansas City to create a special mentoring pen pal project. GNO is a social skills and self-care program for adolescent girls with autism and other developmental disabilities.

The project was inspired by the women at Felicity House who wanted to serve their community and begin a mentoring program for younger women on the spectrum. Letter writing guidelines for this special pen pal project will be provided to all Felicity House participants. Letters will be collected through March 3.



### Art Project of the Month: My Not-So-Secret Identity

What are your interests and passions? What do you care most about? What do you want others to know about you? Come explore and share who you are by using images, magazine cut-outs, fabrics and other mixed media. Get creative, have fun and learn more about your fellow community members by sharing your not-so-secret identities! At the end of the month all identities will be sewn together to create one large identity quilt representing the Felicity House community.

### Save the Date:

#### Open House / March 8 & 18

Felicity House is for women with autism - of course! But what about their friends, family members and significant others? Are you a Felicity House participant who has been



wanting to show the House and share your experience here with others? Bring your guest to our Open House!

**Tuesday, March 8, 4pm - 6pm**

**OR**

**Friday, March 18, 2pm - 4pm**

Stay tuned for more information. Formal invitations to follow.

[Website](#) | [Our Mission](#) | [Our Organization](#) | [Our House](#) | [Our Progam](#)s | [Our Community](#)

STAY CONNECTED

