

Here is whats happening at Felicity House in March



March Calendar of Events

March 2016						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Open Hours w/ guest artist 1pm – 5pm Social lunch (pizza) 1pm – 2pm	2	3 Last day to submit: Pen Pal Letters!	4 Open Hours 3pm – 5pm Community: Game Night 5pm – 7:00pm	5
6	7	8 Open Door: Open House 4pm – 6pm	9	10 LOTS: Zumba 6pm – 8pm	11 Open Hours w/ guest artist 1pm – 5pm Social lunch (pizza) 1pm – 2pm	12
13	14	15	16 Social lunch (pizza) 1pm – 2pm Open Hours w/ guest artist 1pm – 4pm	17 New Member: Sushi Basics 6pm – 8pm	18 Open Door: Open House 2pm – 4pm	19
20	21	22 Open Hours 3pm – 6pm Town Hall 6pm – 7pm	23	24 Open Hours 3pm – 7pm Social Dinner (burgers) 6pm – 7pm	25 Good Friday Felicity House Closed	26
27	28 Lecture: Ellen Jorgensen 3:30pm-5pm	29 Community: Podcast Live Performance of Comic Book Club 6:30pm – 8:30pm	30	31		

[Visit our Website](#)

Event Descriptions

Please note that RSVP is required to all events listed below at least one business day prior to each event. RSVP by emailing your staff contact.

Open Hours: Tuesdays, March 1, 1pm - 5pm & March 22, 3pm - 6pm / Fridays, March 4, 3pm - 5pm & March 11, 1pm - 5pm/ Wednesday, March 16, 1pm - 4pm / Thursday, March 24, 3pm - 7pm.

Open Hours are opportunities to use the lounge, quiet lounge, art studio, and other public spaces in Felicity House to socialize or work on personal projects. A guest artist will be available March 1, 11 & 16 to help with any art projects you would like to work on. During Open Hours participants are asked to adhere to the different room usages described in the Handbook.

Social: Tuesday, March 1, Friday, March 11 & Wednesday, March 16, 1pm - 2pm/ Thursday, March 24, 6pm- 7pm

Socials are informal opportunities for meeting and socializing in a group while enjoying a meal. Participants should expect to engage in conversation and contribute to a discussion. Enjoy pizza or burgers on us or bring your own meal. Participants should expect to engage in conversation and contribute to a discussion.

Open Door: Open House / Tuesday, March 8, 4pm - 6pm & Friday, March 18, 2pm - 4pm

Open Door events are opportunities for the public to visit Felicity House to learn more about the program offerings and the organization's mission. Women who participate in Felicity House regularly are invited to bring a guest. See Open House invite below for more details.

Community: Game Night / Friday, March 4, 5pm - 7pm

Do you like Monopoly, Chess, Apple to Apples or other board games? Join us for a community game night and meet new people while you are here. Bring your favorite board game or choose one of ours. Attendees will be asked to participate in a group board game and engage in conversation.

Workshops: LOTS Zumba®/ Thursday, March 10, 6pm - 8pm

This workshop is only open to members of LOTS Connection. A New Member Zumba® workshop will be offered in April. Take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the music takes over, you'll see why Zumba® Fitness classes are often called exercise in disguise. Super effective? Check. Super fun? Check and check. Attendees will be asked to participate in physical activity that can be modified according to fitness level. Comfortable workout clothing and shoes are mandatory.

Workshop: New Member Sushi Basics / Thursday, March 17, 6pm - 8pm

All new members that have joined Felicity House within the last year are invited to this workshop. You love to eat it - now learn more about it and make it yourself! In this Sushi Basics workshop, guest chef, Abby Hitchcock, will discuss the culture of sushi and its unique presentation. You will also learn all the techniques of making sushi from the proper equipment, to what the appropriate ingredients are and where to buy them. Participants will listen to a presentation and make their own sushi rolls to eat at the end of workshop or take them to go.

Town Hall: Tuesday, March 22, 6pm - 7pm

Town Hall is a leadership meeting that is crucial to Felicity House. All Felicity House participants are invited to join to listen or bring up ideas and share feedback on current programs and events. Comments can be shared during the meeting verbally or by writing them down in our suggestion box. Either way - we want to hear what you have to say! Your feedback is important to us as it helps structure future programs, events and services.

Lecture: Ellen Jorgensen / Monday, March 28, 3:30pm - 5:30pm

Ellen Jorgensen is co-founder and executive director of [Genspace](#), the first-ever community

biotechnology laboratory, a Biosafety Level One facility in Brooklyn, New York. Genspace is a nonprofit organization dedicated to promoting citizen science and access to biotechnology. Ellen's TED talk, "[Biohacking — You Can Do It, Too](#)" has received over a million views.

Community: Live Podcast Recording of Comic Book Club / Tuesday, March 29, 6:30pm - 8:30pm

Comic Book Club is a live, weekly talk show about comic books in New York City - and podcast every week on [Nerdist.com](#). Hosted by Justin Tyler, Pete LePage, and Alex Zalben. The show has been running for over eight years, with hundreds of guests, multiple write-ups in the New York Times, and have appeared at conventions all over the country. Participants will meet at Felicity House promptly at 6:30pm and walk together to the [Peoples Improv Theatre](#) located a few blocks a way to listen to the podcast. In some cases, the hosts of the show may ask the audience members questions. Admission to the show is free.



Reminder: Pen Pal Letters Due March 3

Inspired by the women at Felicity House who wanted to serve their community and begin a mentoring program for younger women on the spectrum, Felicity House partnered with Girls Night Out (GNO) in Kansas City for a special pen pal project. GNO is a social skills and self-care program for adolescent girls with autism and other developmental disabilities. You can find guidelines for this special pen pal project at Felicity House or ask your staff contact to email it to you. Letters will be collected through March 3.



Open House / March 8 & 18

Felicity House is for women with autism - of course! But what about their friends, family, partners and service providers? We invite you to drop by during one of our two open house dates to explore our house, share a snack and see what we have been up to since we opened.

Tuesday, March 8, 4pm - 6pm

or

Friday, March 18, 2pm - 4pm

RSVP to info@felicity-house.org

A Lot is Happening in the Art Studio!

From snow globes to embroidery to identity collages, a lot of creative projects are going on at the Felicity House art studio. We invite you to continue working on your project or start something new during open hours. Guest artist, [Rebeca Raney](#), will be working at the



studio on Tuesday, March 1 and Friday,
March 11 from 1pm to 5pm and on
Wednesday, March 16 from 1pm to 4pm.

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