

Here is what's happening at Felicity House in July



## July Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Independence Day	5	6	7 New Member: Urban Garden 6pm - 8pm	8 Social lunch (pizza) 1pm - 2pm Open Hours w/ guest artist 1pm - 5pm Disability Pride Parade Planning Meeting 2pm-3pm	9
10 Disability Pride Parade 9:30am	11	12 How to Deal with Jerks 6pm - 8pm	13	14	15 Social lunch (burgers) 1pm - 2pm Open Hours 1pm - 5pm Yoga on the rooftop 3pm-4pm	16
17	18	19 Social lunch (pizza) 1pm - 2pm Open Hours w/ guest artist 1pm - 5pm Anime meeting 4pm - 5pm	20	21 LOTS: Summer Salads Cooking Class 6pm - 8pm	22 Open Hours w/ guest artist 3pm - 5pm Movie Night 5pm - 7:00pm	23
24	25	26	27	28 Open Hours w/ guest artist 3pm - 6pm Town Hall 6pm - 7pm	29 Social lunch (burgers) 1pm - 2pm Open Hours w/ guest artist 1pm - 5pm	30 / 31

Visit our Website

## Event Descriptions

RSVP is required to all events listed below at least one business day prior to each event. RSVP by emailing your staff contact.

### **Workshop: New Member Urban Garden / Thursday, July 7, 6pm - 8pm**

Floral Designer & Urban Gardener Christa Akers of [A Petal To Peddle](#) will lead an informative and fun indoor herb garden workshop. Participants will design and plant their own edible window box herb garden. This workshop is open to botanical enthusiasts with all levels of gardening experience. Materials will be provided and garden tools will be available for use during the workshop.

### **Social: Fridays, July 8, 15 & 29 1pm - 2pm & Tuesday, July 19, 1pm - 2pm**

Socials are informal opportunities for meeting and socializing in a group while enjoying a meal. Participants should expect to engage in conversation and contribute to a discussion. Enjoy the meal provided or bring your own.

### **Community: Disability Pride Parade/ Sunday, July 10 at 9:30am**

The Disability Pride Parade NYC was formed to promote inclusion, awareness, and visibility of people with disabilities, and redefine public perception of disability. Join Felicity House as we march in the second annual parade. All members who participate will receive a free Felicity House t-shirt and bag to wear the day of the parade. A planning meeting for the parade will meet on Friday, July 8 at 2pm. The planning meeting is optional and you do not need to attend to march in the parade. All parade participants will be asked to meet on Sunday, July 10 at 9:30am in the lobby of 160 Fifth Avenue (on 21st street between 5th and 6th ave). We will walk to the parade together starting at Union Square Park, go up Broadway and end at Madison Square Park where there will be a festival and celebration until 4pm.

### **Workshop: How to Deal with Jerks / Tuesday, July 12, 6pm-8pm**

Have you ever had to deal with difficult people or had a disagreement with someone that you were not sure how to resolve? Join Clinical Psychologist, Dr. Alexandra DeGeorge for a workshop on how to handle conflicts and what we can do when we are angered by other's behaviors and yet still have to remain calm, which is a very hard thing to do! During the workshop, there will be opportunities for small group discussion.

### **Open Hours: Fridays, July 8, 15 & 29, 1pm - 5pm & July 22, 3pm - 5pm. Tuesday, July 19, 1pm - 5pm & Thursday, July 28, 3pm - 6pm**

Open Hours are opportunities to use the lounge, quiet lounge, art studio, and other public spaces in Felicity House to socialize or work on personal projects. A guest artist will be available during all open hours in July (except July 15) to help with any art projects you would like to work on. During Open Hours participants are asked to adhere to the different room usages described in the handbook. **A special open hours with a guest fitness instructor will be held on Friday, July 15 with a yoga class on the rooftop from 3pm to 4pm.**

### **Workshop: LOTS Summer Salads Cooking class / Thursday, July 21, 6pm - 8pm.**

This workshop is only open to members of LOTS Connection. A New Member Summer Salad cooking class will be offered in August. Chef Abby Hitchcock from [Camaje](#) is back to teach us how to make the most of the summer season's fresh produce. Learn how to create quick and easy salads and healthy homemade dressings. This class is for anyone who would like to learn how to create delicious, nutritious meals without a lot of fuss.

### **Community: Movie Night/ Clueless / Friday, July 22, 5pm - 7pm**

Revisit the 90's with [Clueless](#)! Cher, a high school student in Beverly Hills, must survive the ups and downs of adolescent life. Her external demeanor at first seems superficial, but it hides her wit, charm, and intelligence which help her to deal with relationships, friends, family, school, and the all-important teenage social life. Pizza and popcorn will be provided.

### Town Hall: Thursday, July 28, 6pm - 7pm

Join us for a special Town Hall meeting with a brief presentation by [SPARK](#), an online research partnership involving 50,000 individuals with autism and their families with a mission to speed up research and advance understanding of autism. Town Hall is a leadership meeting that is crucial to Felicity House. All Felicity House participants are invited to join to listen or bring up ideas and share feedback on current programs and events. Comments can be shared during the meeting verbally or by writing them down in our suggestion box. Either way - we want to hear what you have to say! Your feedback is important to us as it helps structure future programs, events and services.



### Summer Volunteer Project: Welcome Back to School Posters

This summer Felicity House will partner with the [East Harlem Tutorial Program](#) to help welcome their students back to school in creative ways. During open hours in July and August stop by the art studio to work on welcome back posters that will hang in all EHTP classrooms.

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