

Here is what's happening at Felicity House in May



## May Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b>	<b>2</b>	<b>3</b> PIT Performance 6pm-8pm	<b>4</b> Open Hours 1pm - 5pm Book Lovers SIG 2pm-3pm	<b>5</b>
<b>6</b>	<b>7</b>	<b>8</b> Photography Workshop 6pm-8pm	<b>9</b>	<b>10</b> Yoga & Smoothies 3pm - 4:30pm Circle 2 4:30pm - 6pm	<b>11</b> Open Hours 1pm - 5pm Boxing 4pm - 5pm Circle 5 5pm - 6:30pm	<b>12</b>
<b>13</b>	<b>14</b>	<b>15</b> Anime SIG 4pm - 6pm Open Hours 6pm-8pm Writer's Room 6pm - 8pm	<b>16</b>	<b>17</b> Photography Workshop 3pm-5pm Circle 4 5:30pm - 7pm	<b>18</b> Open Hours 1pm - 5pm LEGO SIG 2pm - 4pm Movie Night 5pm	<b>19</b>
<b>20</b>	<b>21</b>	<b>22</b> Circle 1 3:30pm - 5pm Circle 3 6pm - 7:30pm	<b>23</b>	<b>24</b>	<b>25</b> Felicity House Closed	<b>26</b>
<b>27</b>	<b>28</b> Felicity House Closed Memorial Day	<b>29</b>	<b>30</b>	<b>31</b> Open Hours 4pm - 6pm Town Hall 6pm -7pm		

[Visit our Website](#)

### Event Descriptions

#### Performance: PIT Improv, Tuesday, May 3, 6pm-8pm

Enjoy a performance by The Peoples Improv Theater (The PIT) at Felicity House. See an all-star cast

improvise a brand new show on the spot, never seen before and never to be seen again, full of characters, scenes, and stories inspired by the audience. Participation is not mandatory but suggestions for improvisations are welcome.

**Open Hours: Fridays, May 4, 11 & 18, 1pm-5pm; Tuesday, May 15, 6pm-8pm; Thursday, May 31, 4-6pm**

Open Hours are opportunities to use the lounge, quiet lounge, art studio, and other public spaces in Felicity House to socialize or work on personal projects. With the exception of Friday, May 4, a guest artist will be available during all open hours to help with any art projects you would like to work on. During Open Hours participants are asked to adhere to the different room usages described in the handbook.

- On May 15, check out our Writer's Room, a casual space where community members can go to write poems, stories, plays, or anything else they want. A facilitator from Gotham Writers will also be there to provide writing prompts.

**SIG: Book Lovers, Friday, May 4, 2-3pm**

For this month's meeting, we'll discuss the fantasy novel, *The Graveyard Book*, by Neil Gaiman. The book traces the story of the unusual boy Nobody "Bod" Owens who inhabits an unusual place—he's the only living resident of a graveyard. Raised from infancy by the ghosts, werewolves, and other cemetery denizens, Bod has learned the antiquated customs of his guardians and faces the wonders and terrors of both the living and the dead.

**Workshop: Photography, Tuesday, May 8, 6pm-8pm & Thursday, May 17 3pm-5pm**

Take a break from taking pictures on your cell phone and join photographer, David Samuel Stern, for an introductory workshop on basic photographic techniques. Participants will learn basic DSLR camera settings and practice taking portraits using different lighting on models. No prior experience necessary. DSLR cameras will be provided and participants will work in groups to take pictures. Different lighting settings will be a part of this workshop, please talk to your staff contact if you have any light sensitivities with bright and dim lights or other concerns.

**Fitness: Yoga & Smoothies, Tuesday, May 10, 3-4:30pm**

Professional dancer and personal trainer, Kyla Barkin from the Barkin/ Selissen Project, will lead a yoga class that will help participants with their flexibility, core strength and relaxation. Attendees will be asked to participate in physical activity that can be modified according to fitness level. Comfortable workout clothing and clean socks are mandatory. After the workout, participants will be treated to a brief smoothie demo, and a smoothie that is both nutritious and healthy.

**Circle Meetings:**

Circles are closed, social meetings organized by staff contacts. Their purpose is to cultivate richer interactions for participants of Felicity House. In this setting, participants have the opportunity to meet other women and socialize over a shared activity. Please see your staff contact if you have a question about these meetings.

**Circle 1**, Tuesday, May 22, 3:30pm - 5:00pm

**Circle 2**, Thursday, May 10, 4:30pm - 6:00pm

**Circle 3**, Tuesday, May 22, 6:00pm - 7:30pm

**Circle 4**, Thursday, May 17, 5:30pm - 7:00pm

**Circle 5**, Friday, May 11, 5:00pm - 6:30pm

**Fitness: Boxing, Friday, May 11, 4pm-5pm**

Learn the technical and fundamental techniques of boxing through practicing combinations while working on fun exercises! No experience necessary. Workout clothes, sneakers, and clean socks are mandatory.

**SIG: Anime, Tuesday, May 15, 4-6pm**

Participants will sample the first three episodes of an animated series called RWBY. The series is set in the fictional world of Remnant, where young people train to become Huntsmen and Huntresses to protect their world from monsters. The name RWBY is derived from the four main characters' forenames: Ruby, Weiss, Blake, and Yang. For future group meetings, participants are encouraged to recommend animes and participate in the anime survey.

**SIG: LEGO, Friday, May 18, 2pm-4pm**

Inviting all LEGO enthusiasts to this monthly special interest group. We will discuss our love of LEGOs and build together. Individual bricks and advanced LEGO sets are available for any level of building or spectating.

**Movie Night: Romy and Michele's High School Reunion, Friday, May 18, 5pm**

Two inseparable friends hit the road for their ten-year high school reunion and concoct an elaborate lie about their lives in order to impress their classmates. While it works at first, their lies spiral out-of-control and lead to a series of comedic mishaps.

**Town Hall, Thursday, May 31, 6pm-7pm**

Town Hall is a leadership meeting that is crucial to Felicity House. All Felicity House community members are invited to join, listen, bring up ideas, and share feedback on current programs and events. Comments can be shared during the meeting verbally or by writing them down in our suggestion box. We want to hear what you have to say! Your feedback is important to us as it helps structure future programs, events, and services.

## Felicity House at the United Nations:

On April 5th, Felicity House community members had the honor of attending World Autism Awareness Day at the United Nations where our Executive Director, Beth Finkelstein, participated as a panel member. The theme for the conference was “Empowering Women and Girls with Autism.” To read more about the experience, check out our blog post [here](#).



## Closed for Memorial Day

Felicity House will be closed for the holiday weekend from May 25th thru May 28th.



STAY CONNECTED

