Here is what's happening at Felicity House in March



# March Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Alice in Wonderland Themed Open Hours 4:00-6:00pm Tea Lecture 6pm-8pm	2
3	4	5 Anime SIG 4pm – 6pm New Orleans: Culture, Music & Food 6:00-8:00 pm	6	7 Circle 2 6:00pm – 7:30pm Circle 4 6pm – 7:30pm	8 Open Hours 1pm – 5pm Hip Hop 4:00pm – 5:00pm	9
10	11	12 Writer's Room 6pm – 8pm	13	14 Floral Arranging 6:00 pm- 8:00pm	15 Open Hours 1pm – 5pm LEGO SIG 2:00pm-4:00pm Improv 5:30pm-7pm	16
17	18	19 Floral Arranging 3:00 pm- 5:00pm Floral Arranging 6:00 pm- 8:00pm	20	21 Yoga & Meditation 4pm – 5:30pm Open Hours 6pm – 8pm	22 Open Hours 1pm – 5pm (Sit & Stitch 3-5pm) Book Lover's 2pm – 3pm	23
24	25	26 Circle 1 3:30pm – 5pm Circle 3 6pm – 7:30pm	27	28 Open Hours 3pm – 6pm Town Hall 6pm – 7pm	29 Open Hours 3pm – 5pm Movie Lovers SIG 3:45pm-4:45pm Movie Night 5pm	

Visit our Website

## **Event Descriptions**

Open Hours: Friday, March 1st from 4-6:00, March 8th, 15th, and 22nd 1-5pm & March 29th from 3-5pm, Thursday, March 21st from 6-8:00pm & Thursday, March 28<sup>th</sup> from 3-6:00pm

Open Hours are opportunities for community members to use the lounge, art studio, and other public spaces at Felicity House. A guest artist will be available to assist with projects.

- On March 1st w e will be having an Alice in Wonderland Themed Open Hours.
- On March 22nd community members are invited to join a "Sit & Stitch" led by our knitting instructor. Members are invited to bring or start needlew ork projects including crocheting, sew ing, knitting, embroidery, etc.

#### Lecture: The Tea of Nepal, Friday, March 1st, 6pm-8pm

Nepalese tea is considered some of the best in the world. Take a journey with tea connoisseur, Jeni Dodd, to find out w hy. We'll learn about the culture, history, and geographic characteristics that contribute to a unique growing environment that can't be found anyw here else. Together we'll have the opportunity to sample some of these delicacy teas from Nepal.

#### SIG: Anime, Tuesday, March 5th, 4:00-6:00pm

This month, participants will begin watching one of the most popular Japanese franchises, Pretty Cure. The first season features two girls, Nagisa and Honoka, who are transformed by fairies into legendary warriors in order to combat the forces of darkness.

#### Lecture: New Orleans Culture, Music, and Food, Tuesday, March 5th, 6pm-8pm

In honor of Mardi Gras, come learn about the music, magic, and morbid fascinations of New Orleans that have made it one of the most captivating places in the world. Join culture writer & New Orleans native, Stephen Pitalo, to discuss everything from gumbo to blues, from voodoo to parades. You'll learn why New Orleans continues to fascinate and exhilarate visitors as well as natives.

#### **Circle Meetings:**

Circle 1 Tuesday, March 26th, 3:30pm - 5:00pm Circle 2, Thursday, March 7th, 6:00pm - 7:30pm Circle 3, Tuesday, March 26th, 6:00pm - 7:30pm Circle 4, Thursday, March 7th, 6:00pm - 7:30pm

#### Fitness: Hip Hop, Friday, March 8th, 4:00pm-5:00pm

Hip Hop instructor, Ms. Vee is back for another round of Hip Hop! Participants will learn stand-alone techniques and a full routine. No experience necessary. Workout clothes and sneakers are mandatory.

#### SIG: Writer's Room, Tuesday, March 12th, 6:00-8:00pm

The Writer's Room is a casual and quiet space where community members can come to write plays, stories, fanfiction, or anything else they want. Bring your ow n writing or work on one of the prompts brought by our facilitator. Participants are invited to bring work from home, up to 500 words, to share with the group and receive feedback.

# Workshop: Floral Arranging Thursday, March 14<sup>th</sup> 6:00-8:00pm, Tuesday, March 19<sup>th</sup> 3:00-5:00pm & 6:00-8:00pm

In this hands-on class with the NY Flow er School, students will learn how to create simple and well-constructed arrangements in water. Participants will learn how to place flow ers in a formation that ensures a beautiful arrangement every time. We'll also learn how to select the right flow er types and create a color palette so that you can practice your skills at home. Participants will make and take bouquets home.

#### SIG: LEGO, Friday, March 15th, 2:00-4:00pm

Inviting all LEGO enthusiasts to this monthly special interest group. Individual bricks and advanced LEGO sets are available for any level of building or spectating.

#### SIG: Improv, Friday, March 15th, 5:30-7:00pm

The Improv SIG is a low -pressure place to have fun and exercise your improvisational muscles. Two instructors from The PIT will lead us through improv games and the basics of Yes, And.

#### Fitness: Yoga & Meditation Thursday, March 21st, 4:00pm-5:30pm

Whether you're a beginner or intermediate Yogi, come relax with yoga instructor, Kyla Barkin. Workout clothing and clean socks are mandatory. After the yoga workout concludes at around 5pm, participants are invited to enjoy an optional guided meditation from 5pm to 5:30pm.

#### SIG: Book Lovers, Friday, March 22nd, 2:00-3:00pm

The Book Lover's group will be reading *Crazy Rich Asians*, the first in Kevin Kw an's trilogy. After Rachel Chu finds out that her boyfriend is an heir to one of the w ealthiest families in Singapore, she must make a decision about how to handle both this information and his family. As alw ays, there's no need to read the book beforehand.

#### Town Hall: Thursday, March 28th 6:00-7:00pm

Tow n Hall is a leadership meeting that helps us plan future programming. All Felicity House participants are invited to join, listen, bring up ideas, and share feedback on current programs and events. Comments can be shared during the meeting or by putting them in the suggestion box.

#### SIG: Movie Lovers, Friday, March 29th, 3:45-4:45pm

At this month's Movie SIG, we will explore some of the greatest cult classic films of all time. Come join a guided discussion on movies such as Ridley Scott's *Blade Runner* and Jim Henson's *Labyrinth*. No need to watch these movies beforehand to join the group.

#### Movie Night: The Wizard of Oz, Friday, March 29th at 5:00pm

This month's movie is *The Wizard of Oz*. Community Members are invited to sing-a-long as we watch this treasured classic about Dorothy's famous trip to OZ. Pizza and popcorn will be provided.

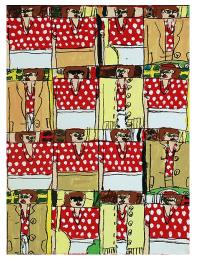


### CURIOUS ABOUT OUR PROGRAMMING?

At Felicity House we take pride in planning diverse and thoughtful programs that reflect our community's interests. We've had lectures on tea tasting, fashion, art, robotics, astronomy, science, etc. We've hosted workshops where we learned how to apply special effects makeup, play poker, make sushi, and paint with watercolors.

One of our favorite workshops was terrarium making, Check out the video link above to learn how to make a terrarium.

To see other programming at Felicity House, you can look at our past calendars <u>here.</u>



### ART AT FELICITY HOUSE

Did you know that Felicity House has an art collection composed completely of female artists? We take great pride in making sure our space is warm and inviting. We worked with an assortment of artists to curate several pieces made by women with autism and also other female artists.

Check out more of our collection <u>here.</u>

Do you know a woman with autism who is looking for a social community? Connect with us today and discover what Felicity House has to offer.

To make a referral send us an email at <u>info@felicity-house.org</u> or click here:

Make a Referral

STAY CONNECTED