

Here is what's happening at Felicity House in April



WE ARE DEVOTED TO THE  
SUCCESS, CREATIVITY, AND  
HAPPINESS OF WOMEN  
WITH AUTISM

## April Calendar of Events

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5 Open Hours 1:00-5:00pm Sit & Stitch 3-5pm Book Lover's 2pm - 3pm
8	9 Anime SIG 4pm - 6pm  Trivia & Board Game Night 6pm - 8pm	10	11  Mysteries of NYC Lecture 6pm-8pm	12 Open Hours 1pm - 5pm Diva Dance 3:30pm - 4:30pm Improv 5:30pm-7pm
15	16 Memoir Writing 1 3:30 pm- 5:30pm  Memoir Writing 2 6:00 pm- 8:00pm	17	18 Circle 2 6:00pm - 7:30pm  Circle 4 6pm - 7:30pm	19 Open Hours 1pm - 5pm LEGO SIG 2:00pm-4:00pm
22	23 Writer's Room 6pm - 8pm	24	25 Yoga & Meditation 4pm - 5:30pm Open Hours 6pm - 8pm	26 Open Hours 3pm - 5pm Movie Lovers SIG 3:45pm-4:45pm Movie Night 5pm
29	30 Circle 1 3:30pm - 5pm  Circle 3 6pm - 7:30pm			

Visit our Website

# Event Descriptions

## **Open Hours: Fridays, April 5th, 12th, 19th from 1:00-5:00pm, & Friday, April 26th 3:00-5:00pm, & Thursday, April 25th from 6:00-8:00pm**

Open Hours are opportunities to use the lounge, art studio, and other public spaces at Felicity House to socialize, puzzle, relax, or work on projects. A guest artist will be available to assist with projects. Open to community members only.

## **SIG: Book Lovers, Friday, April 5th, 2:00-3:00pm**

The Book Lover's Special Interest Group will be reading *Becoming* by Michelle Obama. *Becoming* is the memoir of former United States First Lady Michelle Obama as she talks about her time in the White House, her public health campaign, and her role as a mother.

## **SIG: Anime, Tuesday, April 9th, 4:00-6:00pm**

Participants will continue watching episodes 4, 5, & 6 of one of the most popular Japanese franchises, *Pretty Cure*. Follow along as Nagisa and Honoka become legendary warriors in order to combat the forces of darkness.

## **Trivia & Board Game Night: Tuesday, April 9th, 6:00-8:00pm**

Do you love Apple to Apples, Taboo, and other board games? Join us for game night. We'll play our favorite classics and also have time for some rounds of trivia. Attendees will be asked to participate in group board games and engage in conversation.

## **Lecture: Mysteries of NYC Thursday, April 11th, 6:00pm-8:00pm**

In a city with millions of people, mysteries still lurk in the shadows of New York. Join Ariel Viera, storyteller at The Urbanist, as he shares three NYC tales that continue to baffle historians and locals alike. From cunning pirates of the 1700s to ambitious museum heists in the 1960s, come learn some unbelievable facts about the city we love.

## **Circle Meetings:**

**Circle 1**, Tuesday, April 30th, 3:30pm - 5:00pm

**Circle 2**, Thursday, April 18th, 6:00pm - 7:30pm

**Circle 3**, Tuesday, April 30th, 6:00pm - 7:30pm

**Circle 4**, Thursday, April 18th, 6:00pm - 7:30pm

## **Fitness: DivaDance 90's Workout, Friday, April 12th, 3:30pm-4:30pm**

Come bust a move and workout at this 90's fitness dance party. Our instructor from DivaDance will teach us some sassy dance moves and routines to rock out to while we listen to our favorite nostalgic 90's bands. Workout clothing is mandatory.

## **SIG: Improv, Friday, April 12th, 5:30-7:00pm**

Looking for a low-pressure place to have fun and exercise your improvisational muscles? The Improv SIG is led by professional instructors from The PIT who will lead us through improv games and the basics of Yes, And.

## **Workshop: Memoir Writing: Tuesday, April 16th 3:30-5:30 pm and 6:00-8:00pm**

Everyone has a story to tell. Author Nicole Kear is back at Felicity House to help you craft your story in this memoir writing workshop. Nicole will offer techniques, writing tips, and prompts to get us thinking about which stories we want to tell and how to write them. Nicole will also discuss the publishing process and her journey of becoming a professional writer and published author. Both seasoned and beginner writers are welcome.

## **SIG: LEGO, Friday, April 19th, 2:00-4:00pm**

Inviting all LEGO enthusiasts to this monthly special interest group. We will discuss our love of LEGOs and build together with individual bricks and advanced LEGO sets.

## **SIG: Writer's Room, Tuesday, April 23rd, 6:00-8:00pm**

The Writer's Room is a casual and quiet space where community members can come to work on facilitated writing prompts with a professional writing instructor. There will be an optional opportunity to share your work and receive feedback.

## **Fitness: Yoga & Meditation Thursday, April 25th, 4:00pm-5:30pm**

Professional yoga instructor, Kyla Barkin will lead a yoga class that will help participants with their flexibility, core strength and relaxation. Workout clothing and clean socks are mandatory. After the workout, participants are invited to enjoy an optional guided meditation session.

## **SIG: Movie Lovers, Friday, April 26th, 3:45-4:45pm**

For April's Movie SIG we are celebrating 2005's surprise hit movie, *March of the Penguins*. Narrated by Morgan Freeman, it tells the story about emperor penguins of Antarctica and their yearly journey to inland breeding grounds. Come watch clips and join a guided discussion about this moving documentary.

## **Movie Night: Julie & Julia, Friday, April 26th at 5:00pm**

Unfulfilled at work, blogger Julie Powell decides to devote more time to something she loves: cooking. She vows to prepare all 524 recipes in Julia Child's landmark cookbook, *Mastering the Art of French Cooking*. Filled with flashbacks to Julia Child's own story, by the end of the movie, viewers will fall in love with Julie, Julia, and copious amounts of butter.



### OPEN DOOR

On May 20th, Felicity House will host an Open Door event with Broadway Actress, Ali Stroker.

Ali made history as the first actress in a wheelchair to appear on Broadway, in addition being a finalist on The Glee Project. This event will be open to the public.

*Formal invitation to follow.*



### SERVICE PROVIDERS: JOIN US FOR BRUNCH!

Have you heard of mini books? Want to make one of your own and experience for yourself what our programs are like for women with autism?

Then join us for brunch, make a mini book, and learn how our diverse and thoughtful programs might be a good fit for the women with autism that you know.

**Wednesday, April 10th 2019  
10:30 am - 11:30 am**

**25 East 22nd Street  
New York, NY 10010**

RSVP required: [info@felicity-house.org](mailto:info@felicity-house.org)

Check out photos from our Alice in Wonderland themed Open Hours:





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Do you know a woman with autism who is looking for a social community?  
Connect with us today and discover what Felicity House has to offer.

To make a referral send us an email at [info@felicity-house.org](mailto:info@felicity-house.org) or click here:

[Make a Referral](#)

STAY CONNECTED

