Here is what's happening at Felicity House in August



# August Calendar of Events

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2 Open Hours 1 –5pm Book Lovers 2pm – 3pm
5	<b>6</b> Anime SIG 4pm – 6pm Writer's Room 6pm – 8pm	7	8 Tie Dye 6:00 pm- 8:00pm	9 Open Hours 1 –5pm Hip Hop 3pm – 4:00pm
12	13 Tie Dye 3:00 pm- 5:00pm Tie Dye 6:00 pm- 8:00pm	14	15 Miniature Worlds 6pm-8pm	16 Open Hours 1pm – 5pm LEGO SIG 2pm – 4pm Improv 5:00pm-6:30pm
19	20 Circle 1 3:30pm – 5pm Circle 3 6pm – 7:30pm	21	22 Yoga & Meditation 4pm – 5:30pm Circle 2 6pm – 7:30pm Circle 4 6:00pm – 7:30pm	23 Open Hours 3pm-5pm Movie Lovers SIG 4:00pm-5:00pm Movie Night 5pm
26	27 Open Hours 5pm – 7pm Sit & Stitch 5pm – 7pm	28	29 Yoga & Meditation 4pm – 5:30pm	30 Felicity House closed

Visit our Website

### **Event Descriptions**

### Open Hours: Fridays, August 2nd, 9th, 16th from 1:00pm-5:00pm, Friday, August 23rd 3:00-5:00pm, & Tuesday August 27th from 5:00-7:00 pm

Open Hours are opportunities to use the lounge, art studio, and other public spaces at Felicity House to socialize, puzzle, relax, or work on projects. A guest artist will be available to assist with projects. Open to community members only.

On Tuesday, August 27th from 5pm-7pm, all needlework lovers are invited to casually join our knitting instructor, Dorota, to work on individual projects in embroidery, sewing, crocheting, or other needlecrafts.

#### SIG: Book Lovers, Friday, August 2nd, 2:00pm-3:00pm

The Book Lover's Special Interest Group will be reading Cheryl Strayed's famous second novel, *Wild*. Reeling from the grief over the loss of her mother and her divorce, Strayed makes an impulsive decision to hike the Pacific Crest Trail, alone, and with no previous wilderness experience. Told with her characteristic warmth and humor, readers will follow Strayed's journey, through both physical challenges and the weight of her grief, as she searches for healing.

#### SIG: Anime, Tuesday, August 6th, 4:00pm-6:00pm

For this month, the anime group will continue watching the next three episodes of Laid-Back Camp, a relaxing style of anime called lyashikei.

#### SIG: Writer's Room, Tuesday, July 6th, 6:00pm-8:00pm

The Writer's Room is quiet space where community members can come to work on facilitated writing prompts with a professional writing instructor. Nicole Kear, author of *Now I See You* is back to facilitate prompts. There will be an optional opportunity to share your work and receive feedback from the instructor.

## Workshop: Tie Dye, Thursday, August 8th 6:00pm-8:00pm and Tuesday, August 13th, 3:00-5:00pm and 6:00pm-8:00pm

Join us for the perfect summer workshop where we will learn how to put beautiful color on white dyeables. We will discuss the history of tie-dye and explore different methods of folding, twisting, and binding to create unique patterns on our fabric. All of these methods come from traditional dyeing techniques.

#### Fitness: Hip Hop, Friday, August 9th, 3:00pm-4:00pm

Hip Hop instructor and professional dancer, Ms. Vee will teach basic hip hop moves that can be used as stand-alone dances or as part of a routine. No experience necessary. Workout clothes and sneakers are mandatory.

#### Lecture: Miniature Worlds, Thursday, August 15th, 6:00pm-8:00pm

Why do we have such a fascination with miniatures? Miniature enthusiast and artist, Rachel Grobstein will discuss the history of miniatures from dioramas to dollhouses. She'll focus on the psychology of miniature spaces and their power in today's world. Rachel will talk about her own work and also show examples of other contemporary artists who work with miniatures.

#### SIG: LEGO SIG, Friday, August 16th, 2:00pm-4:00pm

Lego SIG is a chance for LEGO enthusiasts to get together in this monthly group to build together with individual bricks and advanced LEGO sets.

#### SIG: Improv, Friday, August 16th, 5:00pm-6:30pm

This monthly SIG offers a low-pressure opportunity to exercise your improv skills. The Improv SIG is led by professional instructors who will take us through a series of fun and exciting improv games.

#### **Circles:**

Circle 1 Tuesday, August 20th, 3:30pm-5:00pm Circle 2, Thursday, August 22nd, 6:00pm-7:30pm Circle 3, Tuesday, August 20th, 6:00pm-7:30pm Circle 4, Thursday, August 22nd, 6:00pm-7:30pm

#### Fitness: Yoga & Meditation, Thursday, August 22nd and August 29th 4:00pm-5:30pm

Take some time to relax with professional yoga instructor, Kyla Barkin. Workout clothing and clean socks are mandatory. After the yoga workout concludes, participants are invited to enjoy optional guided meditation from 5:00 pm to 5:30pm.

#### SIG: Movie Lovers, Friday, August 23rd, 4:00pm-5:00pm

From Ant-Man to Magneto, many Marvel favorites were co-created by comic book artist and Disney Legend, Jack Kirby (1917-1994). Join us this month as we examine character development at its finest. To supplement the guided discussion, we will watch clips of movies featuring some of Kirby's best.

#### Movie Night: The Lion King, Friday, August 23rd, Friday 5:00pm

In honor of the new live-action Lion King, we'll watch the 1994 Disney original. Come prepared to singa-long with Simba, Nyla, and of course, Zazu. Pizza and popcorn will be provided.

