Here is what's happening at Felicity House in September



September Calendar of Events

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5 Open Hours 6-8pm	6 Open Hours 1 –5pm Diva Dance 4:00pm – 5:00pm
9	10 Anime SIG 4pm – 6pm Printmaking 6:00 pm- 8:00pm	11	12 Yoga & Meditation 4pm – 5:30pm Circle 2 6pm – 7:30pm	13 Open Hours 1 –5pm Book Lovers 2pm – 3pm Improv 5:00pm-6:30pm
16	17 Town Hall 5:00 pm- 6:00pm Writer's Room 6pm – 8pm	18	19 Yoga & Meditation 4pm – 5:30pm Circle 4 6:00pm – 7:30pm	20 LEGO SIG 2pm – 4pm Open Hours 3pm – 6pm Mysteries of the Ocean 6pm-8pm
23	24 Circle 1 3:30pm – 5pm Circle 3 6pm – 7:30pm	25	26 Printmaking 3:00 pm- 5:00pm Printmaking 6:00 pm- 8:00pm	27 Open Hours 3pm-5pm Movie Lovers SIG 4:00pm-5:00pm Movie Night 5pm
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Visit our Website				

Event Descriptions

Open Hours:

Thursday, September 5th, 6:00pm-8:00pm (includes Sit & Stitch) Fridays, September 6th & 13th, 1:00pm-5:00pm

Fridays,September 20th, 3:00pm-6:00pm, and 27th, 3:00pm-5:00pm

Open Hours are opportunities to use the lounge, art studio, and other public spaces at Felicity House to socialize, puzzle, relax, or w ork on projects. A guest artist will be available to assist with projects. On Thursday, September 5th from 6pm-8pm, our needlecraft lovers are invited to casually join our knitting instructor, Dorota, to w ork on individual projects in embroidery, sew ing, crocheting, or other needlecrafts. Open to community members only.

Fitness: Diva Dance, Friday, September 6th, 4:00pm-5:00pm

Channel your inner Beyoncé and learn some party dance moves with our instructor from DivaDance. Sam will teach us some modern routines to rock out to while we listen to our favorite hit songs. Workout clothing and sneakers are required.

SIG: Anime, Tuesday, September 10th, 4:00pm-6:00pm

For this month, the anime group will watch popular anime, Aggretsuko. Frustrated with her office job, Retsuko the Panda copes with her daily life by singing death metal karaoke after work.

Workshop: Printmaking, Tuesday, September 10th, 6:00pm-8:00pm, Thursday, September 26th, 3:00pm-5:00pm and 6:00pm-8:00pm

Come use Felicity House's own printing press! We will learn about the printmaking process and use a technique called monoprinting to create beautiful pieces that you can frame and take home. The workshop will be led by artist and printmaking expert, Bruno Nadalin.

Fitness: Yoga & Meditation, Thursdays, September 12th and 19th, 4:00pm-5:30pm

Come relax with professional yoga instructor, Kyla Barkin. Workout clothing and clean socks are mandatory. After the yoga w orkout concludes, participants are invited to enjoy optional guided meditation from 5:00pm to 5:30pm.

SIG: Book Lovers, Friday, September 13th, 2:00pm-3:00pm

For Book Lovers, we'll read *The Food of a Younger Land* by bestselling author, Mark Kurlansky. *The Food of a Younger Land* chronicles American food habits after the Great Depression and before the national highway system, chain restaurants, and frozen food.

SIG: Improv, Friday, September 13th, 5:00pm-6:30pm

This monthly SIG offers a low-pressure opportunity to exercise your improv skills. The Improv SIG is led by professional instructors from the People's Improv Theater w ho will take us through a series of fun and exciting improv games.

Town Hall, Tuesday, September 17th, 5:00pm-6:00pm

Tow n Hall is a leadership meeting that helps us plan future programming. All Felicity House participants are invited to join, listen, bring up ideas, and share feedback on current programs and events. Comments can be shared during the meeting or by putting them in the suggestion box.

SIG: Writer's Room, Tuesday, September 17th, 6:00pm-8:00pm

The Writer's Room is quiet space where community members can come to work on facilitated writing prompts with a professional writing instructor. Nicole Kear, author of *Now I See You* is back to facilitate prompts. There will be an optional opportunity to share your work and receive feedback from the instructor.

Circles:

Circle 1 Tuesday, September 24th, 3:30pm-5:00pm Circle 2, Thursday, September 12th, 6:00pm-7:30pm Circle 3, Tuesday, September 24th, 6:00pm-7:30pm Circle 4, Thursday, September 19th, 6:00pm-7:30pm

SIG: LEGO SIG, Friday, September 20th, 2:00pm-4:00pm

Lego SIG is a chance for LEGO enthusiasts to get together in this monthly group to build together with individual bricks and advanced LEGO sets.

Lecture: Mysteries of the Ocean, Friday, September 20th, 6:00pm-8:00pm

The ocean is one of the largest unexplored areas on Earth, in fact, we've only explored 5% of it. Join science expert Mercer Brugler for a presentation on the ocean's most aw e-inspiring characteristics from bioluminescent organisms and giant squid. Brugler is an Associate Professor at NYC College of Technology (CUNY) and a research associate at the American Museum of Natural History.

SIG: Movie Lovers, Friday, September 27th, 4:00pm-5:00pm

Shekhar Kapur's "Elizabeth" (1998) is an aw ard-winning look at the early years of Queen Elizabeth I's reign. We will watch select clips from this movie and have a guided discussion on the woman and the myth, as portrayed in the film. As alw ays, no need to have watched the movie beforehand to participate.

Movie Night: Back to the Future, Friday, September 27th, Friday 5:00pm

For Movie night we'll watch the 1980s sci-fi cult classic, Back to the Future. Marty McFly is throw n back into the '50s when an experiment by his eccentric scientist friend Doc Brow n goes aw ry. Pizza and popcorn will be provided.

Felicity House in Vox!

In the summer of 2019 Anna North, novelist and senior reporter at Vox, visited Felicity House.

After her visit, Anna wrote an article titled: *Inside Felicity House, a New York social club for women with autism.* In the article, Anna beautifully captured the voices of our community members and the essence of Felicity House.

Click <u>here</u> to read the entire article or check it out on our <u>blog</u>.

"THERE IS REALLY SOMETHING TO BE SAID ABOUT BEING IN A PLACE WHERE YOU DON'T NEED TO TRANSLATE YOURSELF,"

- FELICITY HOUSE COMMUNITY MEMBER

STAY CONNECTED

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