



Resources for Felicity House Community Members during COVID-19
Updated: 7/15/2020

Comprehensive Resource Lists/Databases

Name of Resource	Website/Contact Info	What does it offer?
Mayor's Office COVID-19 Resources for People with Disabilities	https://www1.nyc.gov/site/mopd/resources/covid-19-resources-for-people-with-disabilities.page	Resources for food and supplies, benefits, transportation, phone and internet, mental health and more
YAI COVID-19 Resource Database	https://www.yai.org/covid-database (Can also call YAI LINK at 212.273.6182)	Resources for bereavement, food, technology, fitness, resources in Spanish and more
New York Lawyers for the Public Interest Coronavirus Resource Page	https://nylpi.org/coronavirus/	Resources for food, immigrants, mental health and wellness
Get Food NYC	https://www1.nyc.gov/assets/dsny/contact/services/COVID-19FoodAssistance.shtml	Variety of resources for people who need food
NYC DOHMH COVID-19 Resources by Neighborhood	https://www1.nyc.gov/site/doh/covid/covid-19-businesses-and-facilities.page	Learn about available resources in your area that can help you get basic

		needs while you are social (physical) distancing.
Center for Independence of the Disabled NY (CIDNY)	https://www.cidny.org/coronavirus/	An overview of support CIDNY can provide and advice for people at increased risk

Mental Health

Name of Resource	Website/Contact Info	What does it offer?
NYC Well	https://nycwell.cityofnewyork.us/en/covid-19-digital-mental-health-resources/	Resources for anxiety, sleep, depression, peer support, and more
NYCDOHMH COVID-19: Coping and Emotional Well-being	https://www1.nyc.gov/site/doh/covid/covid-19-mental-health.page	Includes resources (tip sheets) for grief and loss, anxiety, and more
Head Space	https://www.headspace.com/ny	Free meditation, sleep, and movement exercises

TeleHealth Services

Name of Resource	Website/Contact Info	What does it offer?	Insurance?
Metro Community Health Centers	https://www.mchcnyc.org/?page_id=1028	Accepting new patients for psychiatry via telehealth	Call to confirm, generally Medicaid, Medicaid Managed Care, Medicare, some commercial insurance plans

YAI and Premier HealthCare	https://www.yai.org/locations/healthcare Call 212.273.6272 to discuss any other appointment options, confirm appointments, or ask other questions.	Neurology, medical, psychiatry, psychosocial, psychological (vineland), psychotherapy , and Speech Therapy	Call to confirm, generally Medicaid
Adapt Community Network	https://www.adaptcommunitynetwork.org/covid-19/	Article 16 Clinics are currently providing Mental Health Counseling by Telehealth or Telephonic means.	They accept Medicare, Medicaid, Partners Health Plan and have a sliding scale for self payment for Health Care Services

Autism Specific

Name of Resource	Website/Contact Info	What does it offer?
AANE	https://www.aane.org/resources/adults/support-groups/#online_chat_adults	Free Online Group Chats for Adults During the COVID-19 Situation

For Community Members with Children

Name of Resource	Website/Contact Info	What does it offer?
NYC DOE	https://www.schools.nyc.gov/learn-at-home	Learn at Home Resources
Child Mind Institute	www.childmind.org/coronavirus	Daily facebook live Q&A with their psychologist, telehealth evaluations, tip sheets
Parent to Parent	http://parenttoparentnys.org/	Information and referral, facilitate Parent Matches, and conduct trainings. Parent Group meetings online
ASD Nest Support Project	https://docs.google.com/presentation/d/1QC2ewnv1xPFnvUfLcKaCOV4-id9jnyG1-8uEYfjB5TQ/edit#slide=id.g7197664f42_0_97	Remote Learning Resources

LGBTQ Specific

Name of Resource	Website/Contact Info	What does it offer?
LGBTQ Coronavirus Resources — NYC Unity Project	https://growingupnyc.cityofnewyork.us/generationnyc/lgbtq-coronavirus-resources/	Resource page, which includes up-to-date information on LGBTQ resources available during the COVID-19 pandemic.

General COVID-19 Resources

Name of Resource	Website/Contact Info	What does it offer?
Free COVID-19 Medical Info Line for New York City residents	1.844.692.4692 (1.844.NYC.4NYC)	New Yorkers with symptoms or questions about COVID-19 can call to connect to a medical provider free of charge 9am-9pm.
COVID-19 in plain language	https://www.yai.org/sites/default/files/covid-19-in-plain-language-opwdd.pdf	This document explains what COVID-19 is, how we can protect ourselves and others from the virus, what symptoms look like, and quarantining.
Green Mountain Self Advocates COVID-19 toolkit	http://www.gmsavt.org/3665-2/	This toolkit focuses on “need to know” information. The goal is for people with intellectual and developmental disabilities to have plain language information during this national crisis.
NYS: Find a COVID-19 Test Center	https://coronavirus.health.ny.gov/find-test-site-near-you	COVID-19 Test Site Finder: Put in your zip code and get

		information on coronavirus testing near you
ASAN and Rooted in Rights	https://www.youtube.com/watch?v=TrSd9OvmoNU&feature=youtu.be	Plain language animated video about COVID-19
Autism Society	https://www.autism-society.org/covid-19/	A comprehensive toolkit which provides COVID-19 information and resources by topic, including Mental Health & Respite, Modifying Routines, Lifestyle Supports, and much more.
National Center for College Students with Disabilities (NCCSD)	https://www.nccsdclearinghouse.org/covid-19-resources.html	Resources about COVID-19 and Disability for Prospective and Current Students.